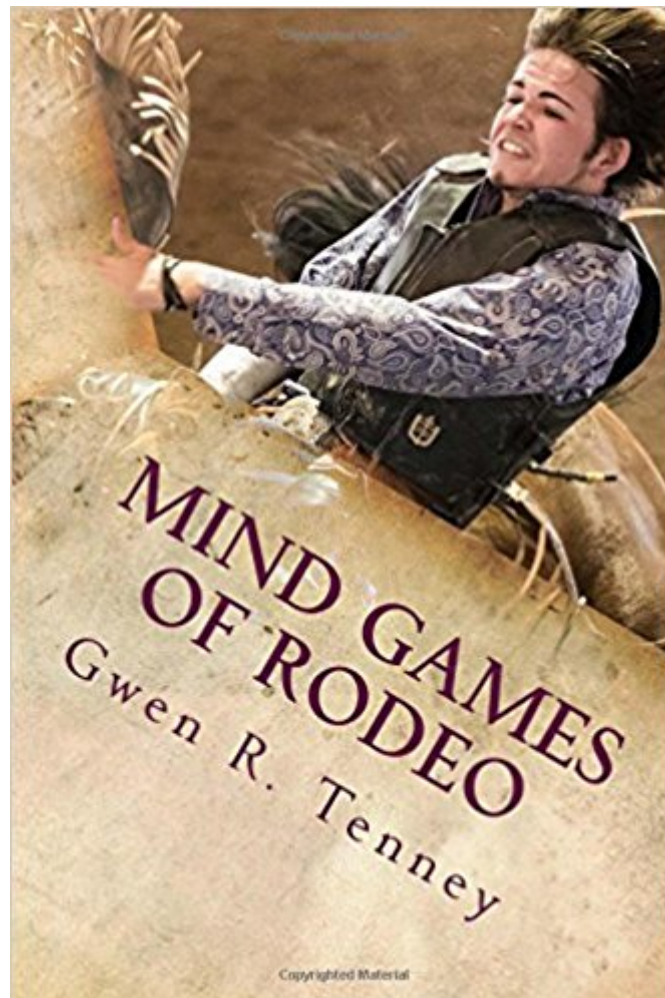




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Mind Games Of Rodeo: Change The BS In Your Mind



Synopsis

You are about to discover the secrets to SUCCESS! Would you like to be more successful in the rodeo arena or life in general? Do you know what is holding you back? Understanding the MENTAL GAME is the true secret to success. The secrets in this book will help you break free from your current mind set or lack of mental toughness. You will learn how you can step out of mediocrity and into greatness! It doesn't matter who you are or what you want to pursue or make better. If you pay attention and apply the secrets, this book will help you reach the next level. It's time to deal with your own BS, face your fears and rewrite your mental program. The secrets hidden in the pages of this book are like nothing you have ever heard before. What are you waiting for? Jump into your rodeo dreams! Gwen is a contributor for The Rodeo New Magazine where you can find her articles under the regular feature, Your Mental Game. She has written articles such as "Your Mental Game, It's Not What You Think It Is", "The Power of Correct Visualization", "The Gold Buckle of Adversity", and "Confidence Lessons from Kindergarten Cowboys". Some of these articles can be seen in her book, "Mental Game Changers Rodeo". Gwen's passion is people and helping them to achieve greatness in any arena by understanding true potential and possibility thinking. The ideas contained in the pages of this book will transform your thinking into amazing results!

Book Information

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Customer Reviews

Gwen Tenney was born and raised in Wyoming to a ranching and rodeo family. She spent many days traveling with her grandfather who was a well-rounded cowboy from brand inspecting to horseshoeing to rodeo contestant and judge. She moved to Arizona and later married her husband, Lyman, who also comes from a ranching and roping family. Gwen is no stranger to the arena and

the cowboy way of life. Because she has taught children and has raised two daughters and a son who happens to have Down syndrome, Gwen knows that all people have great value and unlimited potential. Combining her love for the cowboy way of life and the understanding that all people can achieve greatness when given the right tools, her overreaching goal is to inspire people to become great both in the rodeo arena and the arena of life. Gwen has a certain kind of skillset to be able to genuinely challenge thinking in a supportive manner and help people remove the obstacles that keep them from going where they want to go. Through her role in Tenney Training, Gwen helps people to gain momentum on their path to achieving their goals by making dramatic improvements in their personal and competitive life.

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Gwen is a MASTER at creating transformation! Although I am not in rodeo, I read this and found it to be immensely power for creating a mindset for all you want and desire in any aspect of your life. Thank you for all you do Gwen.

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